

More Confessions

While most young people were discovering themselves in the 70s, I was busy earning an income and excelling in my job. After attending a life-changing creative leadership conference, I finally took a leap of faith. I abandoned a rewarding career in public health and embarked on a quest for greater awareness.

Soon, an inner teacher began to awaken me before dawn with mind-blowing revelations. Universal truths emerged in harmony with my growth and evolved into a holistic matrix, the *Blueprint for the Human Spirit*®. It continues to guide and inspire me to live more consciously and compassionately.

“Confessions of a Spiritually Promiscuous Woman” reveals what I discovered on my sacred journey. It shows how I let go of limiting beliefs to embrace and express Essence.

In spite of its serious content, “Confessions” is light-hearted. I agonized enough with the humorless, fear-based religion of my youth. So if I seem irreverent, please do not get your spiritual dander up. I am not making fun of faith, but questioning religious dogma that has limited our potential and caused immeasurable suffering for eons. We all need to step away from the “unholy trinity” of guilt, shame and fear!

I also must confess that I have taken liberties with the 12-step process and use a meeting setting to air my less-than spotless spiritual laundry. However, it is not my intention to make light of the steps, misrepresent the benefits of the many groups available to those who seek healing, or undermine the millions who have been helped since the first group was launched.

I was inspired to write this show after receiving lyrics for “Where Are You?” I trust that as you laugh, cry and dance with me in a celebration of Spirit, this experience will touch your heart, speak to your soul and encourage you to discover and follow your unique path.

Pamela

Scenes and Musical Numbers

WELCOME & INTRODUCTION

Jim Gerali

Confessions of a Spiritually Promiscuous Woman

- CONFESSION 1 I am a Victim of Religious Abuse
Jesu, Joy of Man's Desiring
- CONFESSION 2 I am a Religious Rebel
Footloose, Kenny Loggins
- CONFESSION 3 I am a Perfectionistic Workaholic
She Works Hard for the Money,
Donna Summers
Gonna Take a Spiritual Journey
Lyrics by Pamela
- CONFESSION 4 I am a Spiritual Junkie
Council of the Flocks, Spirit Feathers
- CONFESSION 5 I am a Closet GURU
First Day of Spring, Secret Garden
- CONFESSION 6 I am Essence Expressing
Love Changes Everything, Michael Ball
Where Are You? Lyrics by Pamela

Immediately after the show, Pamela will facilitate a discussion and respond to questions about her transformation, the *Blueprint for the Human Spirit*®, her books and intuitive healings.

Books will be available for sale after the show.

Spiritual Teacher & Humorist, Author & Performer

PAMELA GERALI is delighted to share her amusing and amazing transformational story through this show that reveals how she overcame the rigors of a conservative upbringing to embrace and express her divinity. Guiding Pamela's spiritual growth is the *Blueprint for the Human Spirit*®, her holistic paradigm for Self-discovery and conscious, compassionate living. Because of its powerful impact, she has dedicated her life to sharing its wisdom and practical guidance through intuitive healings, seminars and workshops, community initiatives and writings.

Pamela is the founder and energy behind *Create CommuniTea*™ and Women of UniTea, ongoing groups in Unity churches. She is the author of *Higher Tea*®: *The Essence of Joy, Confessions of a Passionate Seeker: Bridging the Gap from Ego to Essence*, a book based on a transforming 40-day experience with radical honesty, and its companion journal, *Deep Soul Cleanse*. She also writes a weekly blog and newsletter – *An Adventure in Authenticity*.

Before embarking on her spiritual path, Pamela enjoyed an exciting career as a Registered Nurse with a Master's Degree in Public Health. She also has a Doctorate of Holistic Health Sciences and integrates science with the sacred in her intuitive healings. She has held a variety of leadership positions in nonprofit organizations, including the American Cancer Society and Prevent Blindness America.

Pamela greatly appreciates the support of her husband, family and spiritual friends, who helped her give birth to this show, live purposefully and realize her dreams. She is thrilled to have presented this show many times around the country. Pamela is also grateful for the inspiration, guidance and gifts so abundantly provided by Spirit.

For more information about Pamela's show, *Blueprint*, healings and books and, visit her website at www.PamelaGerali.com.

CONFESSIONS OF A *Spiritually Promiscuous Woman*

DR. PAMELA GERALI

SHARES HER TRANSFORMING STORY

